Quality of LIFE

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WHAT IS LIFE?

LIVING INDEPENDENCE FOR THE ELDERLY

Nationally known as PACE

(Program For All-Inclusive Care For The Elderly)
The Goal of the LIFE Program is to Help Seniors Age in Their Own Homes & Communities for as Long as Possible
LIFE IS.....

COMMUNITY-BASED
COMPREHENSIVE
CAPITATED
COORDINATED
ALL-INCLUSIVE CARE THAT INCLUDES:

- PRIMARY CARE & MEDICAL SPECIALISTS
- MEDICAL EQUIPMENT & SUPPLIES
- LAB & X-RAY
- HOSPITALIZATION
- PRESCRIPTION DRUGS
- EMERGENCY CARE
- REGISTERED DIETICIAN
- NURSING HOME CARE
- TRANSPORTATION
- IN-HOME CARE
- PHYSICAL & OCCUPATIONAL THERAPIES
- ADULT DAY SERVICES
- SOCIAL SERVICES
- SOCIALIZATION & ACTIVITIES
- ENVIRONMENTAL MODIFICATIONS

How does the LIFE program help seniors stay at home?
MEDICAL SERVICES:
A CLOSER LOOK…..

• **Primary Care**: Clinicians are right on staff at the LIFE-NWPA centers.

• **LIFE-NWPA Clinic**: Can provide urgent care, skilled care, wound care, labs, EKGs, diabetic care, medication management, IV fluids and more.

• **Medical Specialists**: LIFE-NWPA has a large network of providers across all service areas.

• **Medical Specialties also Covered**: Podiatry, Cardiology, Endocrinology, Pain Management, Vision, Hearing, Dental and more.

• **On-Call Services**: 24 hours a day, 7 days a week.

• **Medications & Medical Supplies**: Oxygen & supplies, emergency medical response equipment, prescriptions, and more.
IN-HOME SERVICES: A CLOSER LOOK.....

- Light housekeeping, laundry, dishes
- Meal preparation, meals in the home, grocery pick-up
- Personal care: Showers, oral care, dressing, bed baths, toileting and more
- Medication management
- Skilled care
- Wound care
THERAPY SERVICES: A CLOSER LOOK.....

- Skilled therapy in the home & day center
- Exercise to improve safety and maintain independence
- Group and 1:1 wellness
- Adaptive equipment
- Home safety assessments
- SAIL program
ACTIVITIES & SOCIAL SERVICES: A CLOSER LOOK…..

• Day Center with group and individual activities and special events
• Cognitive stimulation and supervision
• Family style meals with friends
• Community support and resources
• Mental health services and therapy
• Specialized social services and support
• Peer groups and seasonal activities
• Adapted and outdoor activities
THE LIFE MODEL PHILOSOPHY

Honors What Frail Elders Want

• To Stay in Familiar Surroundings
  • To Maintain Autonomy
• To Maintain a Maximum Level of Physical, Social, and Cognitive Function
LIFE CORE COMPETENCIES

• Provider based model
• Tightly controlled care management and utilization systems
• Serves largely a nursing home eligible population in the community when enrolled
• Good care outcomes, high enrollee satisfaction and low disenrollment rates
• Established existing program with a proven track record
INTEGRATED & TEAM MANAGED CARE

• An Interdisciplinary Team (IDT)
• Team managed care vs. individual case manager
• Continuous process of assessment, care planning, service provision and monitoring
• Focus on prevention

Video: We Go Where They Go
INTERDISCIPLINARY TEAM APPROACH
IF I CHOOSE LIFE, CAN I KEEP MY PCP?

YES!

New federal regulations say that you can keep your own Primary Care Physician if he or she is willing to work with LIFE-NWPA!
WHO DOES THE LIFE MODEL SERVE?

ELIGIBILITY CRITERIA

55 years of age or older

Certified by the Commonwealth of PA as eligible for nursing home care

Resides in a LIFE service area and is willing to be cared for in the community by LIFE and its network of providers
No Co-Pays!
No Deductibles!
No Donut Holes!

LIFE Becomes Your Part D Prescription Plan

*If you are admitted to a nursing facility you may be liable for a patient pay amount as determined by the State of Pennsylvania. Additionally, a LIFE participant may be fully liable for the cost of medical services from an out-of-network provider or without previous authorization (except for emergency services)*
## Milestones in the LIFE Model History

<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
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<tbody>
<tr>
<td>1979</td>
<td>On Lok, a San Francisco based program, pioneered the PACE model as a Medicare and Medicaid-funded waiver.</td>
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<td>1986</td>
<td>Legislation authorizing PACE demonstration.</td>
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<td>1990</td>
<td>First demonstration sites operational</td>
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<td>1997</td>
<td>Pennsylvania is signed with PA-DHS in the Philadelphia area.</td>
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<td>2001</td>
<td>First program achieves permanent PACE provider status.</td>
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<td>2008</td>
<td>The Village At Luther Square sponsors the LIFE program in Erie County. LIFE-NWPA receives permanent PACE provider status.</td>
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<td>2014</td>
<td>LIFE-NWPA receives permanent PACE provider status.</td>
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<td>2016</td>
<td>LIFE-NWPA expands to Crawford County after opening a center in Meadville.</td>
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<td>2017</td>
<td>LIFE-NWPA expands to Mercer County and Warren County after opening centers in Sharon and Warren.</td>
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<td>2018</td>
<td>LIFE-NWPA Center opened in Clarion County in December 2018</td>
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<td>2019</td>
<td>LIFE-NWPA expands to provide services in Venango and Forest Counties in July 2019</td>
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<td>Future</td>
<td>LIFE-NWPA will be expanding in the awarded counties of: McKean, Cameron, Clearfield, Jefferson &amp; Elk</td>
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PACE in the States

There are 126 PACE Programs operating in 31 states

47 out of 67 counties in PA have a LIFE program
LIFE-NWPA IN PENNSYLVANIA

Currently Providing Services in:

- Erie County
- Crawford County
- Mercer County
- Warren County
- Clarion County
- Venango County
- Forest County

Servicing in the Near Future:

- McKean County
- Cameron County
- Clearfield County
- Elk County
- Jefferson County
CHANGES ARE COMING…..

COMMUNITY HEALTH CHOICES (CHC)

CHC is Pennsylvania’s Managed Care System

As of January 1, 2020 certain individuals, over the age of 21, will mandatorily be a part of CHC

Who is impacted?

• Receiving both Medicare and Medicaid; OR

• Receiving LTSS in the Attendant Care, Independence, COMMERCARE, or Aging Waivers; OR

• Receiving services in the OBRA waiver AND determined nursing facility clinically eligible; OR

• Receiving care in a nursing home paid for by Medicaid

• An Act 150 participant who is dually eligible for Medicare and Medicaid
LIFE is the ONLY other alternative to Community Health Choices

- Impacted seniors have begun receiving information and mailings
- Seniors must make a healthcare choice or they will be auto-enrolled into an Managed Care Organization
- Role of the Independent Enrollment Broker
LIFE Programs are vertically integrated for the best care coordination

**HOWEVER, a LIFE Program can’t do everything**

LIFE purchases services from the community:

- utilized both in the field and within the center include Audiology, Dental, Optometry, Podiatry, Psychiatry, Home Health, Pharmacy, etc.
- Outpatient/Inpatient services include labs, consults, durable medical equipment, hospital, nursing home, emergency services
- The capitated rate makes it back to local community providers.
  - Example: CY17 LIFE-Erie spent $3,500,000 + ($3,000pmpm)
“LET ME TELL YOU ABOUT MY LIFE…..”

A LIFE participant perspective.
Questions?