Living Independence for the Elderly (LIFE) Program

An Introduction to LIFE in Pennsylvania
OLTL provides long-term services and supports (LTSS) to qualifying older Pennsylvanians and adults with physical disabilities. Individuals must qualify clinically and financially for all programs.

Currently, OLTL services are provided through:
• Home and Community-Based Services Waivers
• Nursing Facilities
• The Living Independence for the Elderly (LIFE) Program

Between 2018 and 2019, a new managed care program called Community HealthChoices (CHC) will be phased in statewide. CHC is a program to coordinate care for individuals who have both Medicare and Medicaid or need LTSS.

Today our focus is on the LIFE Program.
LIFE History in Pennsylvania

• Implemented in Pennsylvania (PA) in 1998

• Called the LIFE Program in PA
  – Living Independence for the Elderly

• Nationally known as PACE
  – Program of All-Inclusive Care for the Elderly
LIFE Managed Model of Care

- Managed care model for the frail elderly

- Integrates Medicare and Medicaid funding through monthly capitation payments to providers

- Risk based model – provider incentive to keep the participant as healthy as possible

- The LIFE Provider is responsible for coordinating and managing all of the participant’s personal and health care needs
LIFE Model of Care Benefits

• Provides the following benefits:
  – Acute care
  – Long-term care
  – Pharmaceuticals
  – Behavioral health services
  – Social and community services

• Goal is to enable older adults to live independently in their home and community as long as possible

• Focused around a day health center
LIFE Program Eligibility

- Age 55 and older

- Determined Nursing Facility Clinically Eligible (NFCE)

- Determined financially eligible or able to pay privately

- Reside safely in the community

- Reside in area served by LIFE Provider
• 95% of participants are dual eligible individuals

• Nationally, according to the National PACE Association (NPA):
  – Average participant is an 80 year old female
  – 90% of participants live in the community
  – Has 8 medical conditions
  – 49% of participants have dementia
  – Has 3 activities of daily living (ADL’s)
LIFE Program Eligibility

LIFE PROGRAM
ELIGIBLE

Clinical Eligibility
Individual Age 55+
AND
Individual is Nursing Facility Clinically Eligible
AND
Individual can reside safely at home in community

Financial Eligibility
Individual has Medicare & Medicaid Benefits
OR
Individual has Medicaid Only Benefits
OR
Individual is able to pay privately
LIFE Program Model and Services

LIFE PARTICIPANT

THERAPIES & REHABILITATION:
Physical, Occupational, Recreational Therapies

ACUTE CARE SERVICES:
Skilled Nursing, Hospitalizations

PRESCRIPTION COVERAGE & MEDICATION MANAGEMENT

DAY SERVICES & SOCIALIZING:
Adult Day Services, Fellowship, Spiritual Services, Respite Care

PHYSICIAN & SPECIALISTS:
Primary Care, Nursing, Dentistry, Podiatry, Optometry, etc.

PERSONAL CARE SERVICES:
bathing, grooming, dressing, house chores, meal prep

SOCIAL WORK

TRANSPORTATION

MEALS & NUTRITION SERVICES

P A L P A
Pennsylvania LIFE Provider Alliance
Living Independence for the Elderly
LIFE Program providers are structured in different ways:

- ‘stand alone’ or owner-operated
- Hospital/Health system ownership
- Long-Term Care provider ownership
Innovative ways in which some LIFE Program Providers address housing needs:

- Community partnerships
- Co-location arrangements
- Services and supports agreements
- Public Housing Authority agreements
- HUD Housing arrangements
- Nursing Home Transition (NHT) program
## Counties with LIFE Programs

<table>
<thead>
<tr>
<th>Western PA</th>
<th>Central PA</th>
<th>Eastern PA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allegheny</td>
<td>Adams</td>
<td>Berks</td>
</tr>
<tr>
<td>Armstrong</td>
<td>Clinton</td>
<td>Bucks</td>
</tr>
<tr>
<td>Beaver</td>
<td>Columbia</td>
<td>Chester</td>
</tr>
<tr>
<td>Bedford</td>
<td>Cumberland</td>
<td>Delaware</td>
</tr>
<tr>
<td>Blair</td>
<td>Dauphin</td>
<td>Lackawanna</td>
</tr>
<tr>
<td>Butler</td>
<td>Franklin</td>
<td>Lehigh</td>
</tr>
<tr>
<td>Cambria</td>
<td>Lancaster</td>
<td>Luzerne</td>
</tr>
<tr>
<td>Clarion</td>
<td>Lebanon</td>
<td>Montgomery</td>
</tr>
<tr>
<td>Crawford</td>
<td>Lycoming</td>
<td>Northampton</td>
</tr>
<tr>
<td>Erie</td>
<td>Montour</td>
<td>Philadelphia</td>
</tr>
<tr>
<td>Fayette</td>
<td>Northumberland</td>
<td>Wyoming</td>
</tr>
<tr>
<td>Forest</td>
<td>Perry</td>
<td></td>
</tr>
<tr>
<td>Greene</td>
<td>Schuylkill</td>
<td></td>
</tr>
<tr>
<td>Indiana</td>
<td>Snyder</td>
<td></td>
</tr>
<tr>
<td>Lawrence</td>
<td>Union</td>
<td></td>
</tr>
<tr>
<td>McKean</td>
<td>York</td>
<td></td>
</tr>
<tr>
<td>Mercer</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Somerset</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Venango</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Warren</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Washington</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Westmoreland</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**KEY:**
- **LIFE Program under development in this county**
- **LIFE Program currently serving this county**

2/24/2017
• DHS website (keyword “LIFE”)
  – www.dhs.pa.gov

• Pennsylvania LIFE Provider Alliance
  – www.palpaonline.org – *Coming soon!*

• National PACE Association
  – www.npaonline.org

• Centers for Medicare & Medicaid Services
  – www.cms.hhs.gov/PACE
Contact Information

Jonathan Bowman
Office of Long-Term Living, LIFE Program
717-772-1145
RA-PWLIFE@pa.gov

Joan Bradbury
PA LIFE Provider Alliance (PALPA)
717-283-0488
info@palpaonline.org